PUZZLE 008 | MEDIUM

Wellness Habits

Find 8 words in all 8 directions, including backward.

L	X	J	L	T	P	G	M	Q	M	V	J	O	Z
X	W	B	P	P	O	V	L	O	D	T	K	I	B
T	S	B	F	D	N	W	V	H	X	K	B	G	L
V	A	L	L	C	F	E	F	A	X	N	E	C	L
G	S	N	E	X	M	W	X	J	A	C	X	O	E
K	H	U	S	E	A	T	F	Z	F	P	K	C	V
H	O	X	N	S	P	H	C	Z	M	R	C	H	L
Y	B	T	T	S	E	W	U	X	E	L	C	R	N
V	B	A	O	L	H	N	G	A	I	R	T	C	A
E	Y	U	L	J	C	I	D	R	U	N	V	D	K
S	T	E	Q	A	Y	I	N	N	U	G	I	B	H
S	S	M	A	B	N	Z	J	E	I	M	Z	R	Q
V	S	E	D	G	F	C	N	B	D	K	N	P	W
E	Z	C	P	H	I	K	E	N	I	T	U	O	R

YOUR WORDS

BALANCE
HOBBY
KINDNESS
MOVEMENT
READING
ROUTINE
SLEEP
SUNSHINE

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ANSWER 008 | MEDIUM

Wellness Habits

Find 8 words in all 8 directions, including backward.

ANSWER KEY

BALANCE
HOBBY
KINDNESS
MOVEMENT
READING
ROUTINE
SLEEP
SUNSHINE

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